



Girls' Positive &
Safe Coaching Pathway

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Kids are Made to Play, and we have a duty to provide a safe, welcoming, inclusive and fun environment to create early positive experiences in play and physical activity. TAFISA and Nike have been partnering since 2013 to implement that vision through activities that range from advocacy and awareness raising to capacity building and resources sharing. In recent years, we have been focusing on "Empowering Women – Building Capacity" and we are excited to unveil our latest initiative '**Girls' Positive and Safe Coaching Pathway**'. This pathway is designed to address gender inequity that hinders the **participation of women and girls in sports** at all levels. By focusing on coaching the coaches, the pathway aims to remove barriers and create a more **equitable, accessible, accommodative, and positive experience** for girls in sports.

Objectives

- Raise awareness for the significance of an active and healthy lifestyle among girls and women, as well as the need for adapted coaching for girls and women
- Provide training and education to coaches, sports leaders and managers to improve the quality of sports coaching offered to girls and women using the Pathway toolkits and modules
- Hold training workshops for senior female athletes retiring to retain them as coaches and trainers of the Pathway
- Create networks of advocates, trainers and alums of the Pathway
- Provide coaches and girls in sports with safeguarding tools for protection against non-accidental harm

Who is it for?

Coaches, International Sport Organisations, National Federations and Olympic Committees, Technical officials and Managers, Retired Athletes and Girls in sport

Pathway Modules

- Made to Play Coaching Girls Guide
- TAFISA's Safeguarding Guidelines
- Coaching Her
- Body Confidence Sport

Benefits

- You become Certified Pathway trainer
- Deliver innovative Coaching Pathways to coaches, managers and official
- Develop your presentation and facilitation skills
- Be part of the TAFISA Trainers alums and expand your network
- Receive a trainer certificate

For more information, please contact us at info@tafisa.org.



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TRAINERS

480+

GRADUATES

15,000+

LOCAL BENEFICIARIES